



# October 2018

## CALENDAR OF EVENTS



Closed Monday, October 8th

Programs marked with ♦ are open to non-members for a fee of \$20.  
Programs are generally 90 minutes in length unless otherwise notated.

**3rd WED 10:00 AM-2:00 PM "PROFESSIONAL HEADSHOTS" No appointment necessary; Photos are \$30 cash only**

*Provided by: Martha Abelson Photography*

First impressions are critical in job search and your LinkedIn profile photo is often that first impression. Your photo will be seen by most recruiters and hiring managers. Are you putting your best face forward? Arrive dressed for success and Martha will capture you looking confident and professional. Photos taken first come/first serve.

**4th THUR 1:30 PM "PERFECT YOUR PITCH" ♦**

*Presented by: Lauren Milligan, CEO & Founder of ResuMAYDAY*

All job seekers need a compelling pitch to tell potential employers and recruiters about themselves. Being able to communicate who you are and what you do quickly and effectively will ensure that you get your most important points across. In this interactive program you will receive coaching to develop and polish your pitch and a chance to deliver it to the group for immediate feedback.

**9th TUE 7:00 PM "EXPAND YOUR CONNECTIONS" Open to the public at no charge**

*Facilitated by: Lori Yoder, LCSW, Career Coach and Psychotherapist*

Reframe your thinking about what networking is all about. "Show up" and you might be surprised to find the information and connections you are looking for while helping others. Bring your business cards and handbills.

**12th FRI 10:15 AM-12:15 PM "ACING THE INTERVIEW" ♦**

*Presented by: Catherine Morgan, Transition and Entrepreneur Coach*

Would you like to leave your next interview thinking, "I nailed it!"? Join us for an interactive session where you will be role playing and receiving spot coaching. Learn to create confident answers to even the toughest questions.

**16th TUE 6:30 PM "AVOID THE RESUME BLACK HOLE AND GET NOTICED" ♦ Registration Required**

*Presented by: Tynnia Brewton, CRC Board Member & Director, HR North America at Glanbia Performance Nutrition*

Have you experienced the resume black hole – sending your resume out through online applications, and not hearing a response? Enhance your chances of being noticed in the digital arena of resume submittal. Join us for an interactive session where you will learn tips and tricks for having your resume matched with that perfect role.

**24th WED 10:15 AM "MANAGING YOUR FINANCES DURING CAREER TRANSITION" Open to the public at no charge**

*Presented by: Melissa Osuch, CFE<sup>TM</sup>, Financial Advisor, Strategic, Advisors of Illinois*

Managing your money while unemployed is a challenging experience, but there are ways you can keep your finances under control. Learn what you can do while in transition to maintain your financial health. Melissa will inform you of what resources are available to alleviate some of the financial burden of unemployment.

**25th THUR 10:15 AM "STOP PROCRASTINATING!" PEER GROUP Registration Required - CRC Members Only**

*Presented by: Gail Spiel, Support Group Leader, MBA University of Chicago School of Social Service Administration*

Do you find that you are able to motivate yourself to do difficult, timely, and important tasks as long as, you do not find the tasks too unpleasant? Or tasks are difficult to complete because the result is not "perfect" yet. Learn why your approach delays you from reaching your employment goals and ways to accomplish the most daunting tasks.

**30th TUE 7:00 PM "LINKEDIN – Getting Started" ♦ Registration Required**

*Presented by: David O'Brien, Global Director of Human Resources, HydraForce*

LinkedIn is an essential tool in today's job market. David will address what it is, why it is important, and how to get started. He will walk you through building your profile and how to begin using this powerful professional network.

Hours: M W TH 9:30 am - 4:30 pm  
TU 4:00 - 9:00 pm  
F 9:30 am - 12:30 pm



info@CareerResourceCenter.org  
847-295-5626  
www.CareerResourceCenter.org



# Your Job Search Partner

*Affordable – Individualized – Results Focused*

**Career Resource Center, Inc.®** is the proven confidence-building, employment resource featuring individualized attention, education, training, and coaching by industry professionals. **Results-focused, CRC has assisted more than 13,000 job candidates during its 28 year history, with a success rate averaging 80%.** Our strength is in energizing and empowering job seekers and helping candidates navigate the process with relevant, proven job search strategies. Our professionals focus on helping job candidates **optimize their search efforts and maximize their results.** Modest fees are possible as this 501(c)(3) nonprofit is supported by donors and volunteers.

## Services

**Job Search Coaching Sessions:** Private, confidential sessions on identifying and articulating strengths, determining focus, search strategies and tactics; plus coaching throughout your search.

**Interview Preparation:** Private sessions prepare candidates for interviews; plus mock and video interviews that may be digitally recorded and critiqued.

**Job Search Strategies Roundtables:** Informal small group sessions facilitated by CRC advisor.

**Microsoft Office Tutoring:** Word, Excel and PowerPoint.

**LinkedIn Tutoring:** Optimize your use of this professional network.

**Education & Training Programs:** Professionals share their expertise with the goal of helping individuals enhance their professional toolkit and gain the knowledge and skills critical for conducting a successful job campaign.

**Online Job & Research Specialist:** Individual assistance on identifying effective job search websites, researching businesses, finding job opportunities, completing online applications, and more.

**Networking Sessions:** Outside professionals facilitate an animated exchange of information between participants. *Open to the public at no charge. Bring resumes, business cards, and handbills.*

## Resources

**Office Away From Home:** Wi-Fi along with 5 computer workstations, 3 desks with laptop hook-ups, printer, copier, and paper.

**Reference Library:** Employment directories, guides, newspapers, etc.

**Online Employer Database:** ReferenceUSA™ a premier reference tool offering access to a proprietary database of 24 million U.S. businesses.

**CRC LinkedIn Group:** Engage in dialog regarding job search, expand connections, gather information, and receive job postings.

<b>Kristina Phillips...Executive Director</b>				
<b>Kelly Clark...Director of Programs</b>		<b>Linda Bucher...Development Coordinator</b>		
<b>CRC's Volunteer Team</b>				
<b>Advisors</b>		<b>Member Services and Support</b>		
<i>Mary Beth Barrett-Newman</i>	<i>David O'Brien</i>	<i>ANmar Amdeen</i>	<i>Linda Gittel</i>	<i>Cheryl Levi</i>
<i>Jack Bigelow</i>	<i>Richard Preves</i>	<i>Bobbi Brenner</i>	<i>Jerry Hansberger</i>	<i>Barb Mockus</i>
<i>Monty Edson</i>	<i>Jim Rogers</i>	<i>Joan Cameron</i>	<i>Mike Hill</i>	<i>Doug Pitchford</i>
<i>Marla Gottschalk</i>	<i>Keith Smiley</i>	<i>Kirsten Caspersen</i>	<i>Helen Ho</i>	<i>Donna Ricketts</i>
<i>Charles Gurian</i>	<i>Marshall Smith</i>	<i>Laura Cunningham</i>	<i>Li Hwang</i>	<i>Bob Schafer</i>
<i>Norma Hoaglund</i>	<i>Ron Taylor</i>	<i>Janice Dastur</i>	<i>Jim Johnstone</i>	<i>Gail Spiel</i>
<i>Melissa Jensen</i>	<i>Sue Thomas</i>	<i>Margaret Dastur</i>	<i>Ralph Kowski</i>	<i>Lauren Szwiec</i>
<i>Rich Jones</i>	<i>Brent White</i>	<i>Greg DeGreef</i>	<i>Pam Leach</i>	<i>Dave Valancius</i>
<i>Hugh Mazza</i>	<i>Art Wilde</i>	<i>Meinhard Gerdes</i>		
<i>Don Nemerov</i>				

*Funding for this 501(c)(3) nonprofit is provided by foundations, corporations, religious congregations, community groups, townships, benefactors, alumni, and directors.*

**847-295-5626 / info@CareerResourceCenter.org / www.CareerResourceCenter.org**  
**Grove Cultural Campus, 40 East Old Mill Road, Suite 105, Lake Forest, IL 60045**